

## Jennifer Thomson

is an established fine artist and experienced teacher. She studied in the traditional art schools and colleges, received her BFA in painting.

Jennifer traveled to Switzerland in the early 80s to study with Beppe Assenza the art of painting, J.W. Goethe's color theory, and Rudolf Steiner's color indications, all of which she continues to develop.

From 1985, Jennifer directed a painting school in New York for 11 years, teaching students from North America, Europe and Asia.

In 1996, she moved to Denver, Colorado. She traveled to teach in various art programs in other states as well as giving art classes in Denver.

Jennifer has taught art for 40 years. She presently resides in Crestone, Colorado with her husband. **Recently, Jennifer wrote a book for artists, "An Artist's Workbook".**

Jennifer's approach to teaching is an inner search for truth and balance of soul through art. She has exhibited widely in the USA.

Her work is found in private collections in Europe, Asia and USA.

## Philip Incao, MD

began practicing anthroposophic medicine in 1973 and is still practicing, learning, teaching and writing articles for various periodicals which examine the unsolved questions of why and how we become unhealthy, and the roles that illness and healing play in modern life.

## Bruce Pennetti

is our cook. He will prepare for us organic, vegetarian snacks and lunches each day. Bruce is a former Waldorf class teacher, who has also enjoyed years of catering and hospitality work. A musician as well, you may hear some afternoon harp music in the air as you are painting.

## Noah Baen

is a visual artist. He has lived in Crestone since 2011. Primarily he makes environmental installations and paintings. He thanks Jennifer for opportunities to make little forays into the dramatic arts as well.

## Ammi Kohn

is a young-at-heart writer, performer and co-founder of Crestone's theater group, The Company of Players. For the past several years he has participated with Jennifer in researching and portraying to Crestone summer audiences the lives of Georgia, O'Keefe, Franz Marc, Odilon Redon, Emily Carr, and Winifred Nicholson.



2019

# Art Retreat

August 2 thru 6 in  
CRESTONE  
COLORADO  
Forces of Polarity

## Light & Darkness

Our challenge to find  
balance

With Jennifer Thomson

# The Art of Painting 'Out of the Color'



Explore various art exercises to pry us out of our comfort zone, open our eyes wider, move us a little further in our own work and experience life at a deeper and richer level.

Working with color in a living way nurtures a person's life.

Developing a feeling for the artistic process brings one to a deeper understanding of life and death.

We strive to create a setting and a mood in which a student feels inspired to enter, courageously, into a process of making the unseen visible.

Art awakens the creative force in our souls and penetrates our life in all areas, giving us more confidence and flexibility.

## Daily Schedule:

9:00am... ongoing development of Watercolor veil painting exercise.  
Motif inspirations with poetry.

- 10:30 to 11:00am: Snack break
- 11 to 12:30: Composition: Light & Dark drawing with charcoal and ink.
- 12:30 to 2:30: Lunch & break
- 2:30 to 4:15pm: One afternoon outing in the National Park sketching.

Other days: In the Studio:

A variety of different color exercises expressing soul moods. Also, practice creating birds out of the colors.  
Playful exploration into visual sounds.

- 4:15pm: Snack and the days' work ends

Studio is open from 8am to 6:30pm daily.

Last day ends at 4:00pm

## Evening Presentations:

Health in our Culture by Philip Incao  
Charles Burchfield & Edward Hopper;  
"Soul & Spirit", Art Presentation  
by Jennifer Thomson  
Noah Baen, Ammi Kohn & others

## Material:

Watercolor, gouache, charcoal, ink

## Location:

Sun Studio in Crestone, Colorado

## Tuition:

\$410 includes art supplies, 5 organic veggie lunches & snacks

## Deposit:

\$100, nonrefundable to reserve a space

## Accommodations:

Air B&B or camping  
[www.Crestoneeagle.com](http://www.Crestoneeagle.com)  
[www.crestonecolorado.com](http://www.crestonecolorado.com)



## Sign up & Info:

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Jennifer's art retreat provides a profound ambiance with gentle support and guidance for all, no matter the skill level, from professional artists to true beginners. There is an abundance of nurturing beauty, of days of immersion in color and creativity with the relaxed presence of nature and delicious food. The learning environment is gentle, encouraging and deep. We are supported to work from within ourselves with kindness and clarity. These art retreats balance sweet humor, with uplifting and quiet communion with others, all while we create art.

Susan Fey, Crestone, Colorado